WORLD TRAVEL PACKING LIST

The dust is settling from your journey... but a hunch tells me that you or someone you care about will do this again. Here is the equipment that you’ll need.

CLOTHING:
- 1 pair excellent hiking boots
- 1 pair sneakers
- 1 baseball hat
- wristwatch
- sunglasses
- travel wallet (tucks inside shirt)
- 5 pair thick hiking socks
- 5 pair thin wicking socks
- 5 pair underwear
- 5 t-shirts
- 1 pair blue jeans
- 1 pair convertible (long/shorts)
- pants
- bathing suit
- wrinkle free casual/dress shirt
- longjohns top & bottom
- north face denali jacket
- rain jacket
- 1 pair warm gloves
- 1 pair work gloves

MEDICAL KIT:
- iodine tablets
- bottle vitamins
- bottle tylenol or advil
- moleskin
- nylon fabric repair cloth
- small sewing kit
- moleskin
- bottle claritin
- pepto-bismol tablets
- insect repellent
- neosporin
- 7 ft nylon string
- chapstick
- aloe gel
- sunscreen spf-45
- small camp first aid kit
- bag to hold medical kit

CAMPING:
- sleeping bag (compressible)
- bedroll (compressible)
- tent (2 person, small)

COOKING:
- pot w/ lid and handle
- camping stove
- lighter
- fork
- 2 water bottles

MISCELLANEOUS:
- flashlight w/ batteries
- cd/mp3 player w/ batteries
- compact headphones
- writing journal
- camera w/ batteries
- 5 rolls film
- 1 good book
- swiss army knife (can opener & corkscrew)
- small address book
- 2 credit cards w/atm access
- driver’s license
- phone card (bill to credit card)
- student id card
- passport
- contact info (name, blood type, home phone)
- international youth hostel id
- hostel guidebook
- calendar card
- small pad of paper
- 3 pens
- translator
- excellent backpack
- cover for backpack (checkins)
- knapsack for daytrips
WASH KIT:
zip-loc bag for hand soap
hand/body soap
reusable container for shampoo
shampoo
toothpaste
toothbrush
dental floss
reusable container dish soap
dishwashing soap
hair gel
small brush
razor & 10 razor blades
tube of shaving cream
deo-dorant
zip-loc bag for wallet in shower
quick-dry towel
quick-dry washcloth